

Praying for Others

Prayer Examples and Scripture References

Prayer Example: For physical healing

Jesus, we come to You in humble trust. Thank You for the healing released in our lives through Your Word. Thank You, Holy Spirit, for enabling that Word to arise. Thank You for being our peace in the storm.

Jesus, even if we can only whisper Your Name, it brings Your wonderful presence. In Your Name, Jesus, we take authority over every evil influence seeking to harm our physical bodies, or diminish our resources, and command it to leave. Fill us, Jesus, and free us. Thank You for teaching us how to live healthy lives. Thank You for reminding us to “choose life, because You are our Life.” Thank You for showing us how to choose life in our physical bodies when the pain tells us that we are sick. **Thank You for teaching us to focus on You, not on the symptoms.** Thank You for enabling us to lift our eyes to You, for Your perspective on these conditions. You tell us, “Be strong in the Lord” (Eph 6:10).

Thank You Holy Spirit for Your strength, made perfect in our weakness. **Holy Spirit, thank You for releasing a healing anointing, Your energizing presence, into these physical bodies.** Thank You for Your anointing that is greater than any power that tries to hold us down. Thank You for touching us now, sweet Jesus. Let Your Spirit flow in us, through us, into every cell in our body. Blessed be the Name of the Lord. We love You, Jesus. Amen.

Begin to Praise Him: Praise You, Jesus, You are the True Vine. Praise You, Jesus, You are our Healing and Wholeness... The Lord is my strength and my shield; my heart trusts in Him, and I am helped... (Ps 28:7). ...

Schubert, Linda. Miracle Moments, powerful prayers of healing and hope

Simple Prayer Example: For physical healing

Dear Lord, we bring before you our friend Jim, whom you love very much. Thank you Lord. He as you know is suffering from a broken wrist, and we ask that you send your healing power into his wrist to hasten the healing. Please take away the pain. And let your healing power and your love flow through our hands to heal him. We ask that any medications he is taking have the good effects intended by his doctors and that you block any possible harmful side effects. Help him sleep and rest at night, Lord. Let him know that you are a companion in his healing journey and grant him the gift of patience. Lord, we thank you for your love for Jim and for his family, and we ask that you be very present to all of them.

Praise you, Jesus, thank you.

And Mary our mother, we ask you in a very special way to be here with us and intercede for Jim that he may be quickly restored to his family and to his work.

MacNutt, Francis, PhD. The Practice of Healing Prayer, a how-to guide for Catholics

Example of praying God's word into the situation: **For physical healing** (consider memorizing a few verses)

Thank You Lord that those who believe in You, the works that You did, they shall do also and even greater works than what Jesus did they shall do, because You are with the Father, and whatever they ask in Your name, that will You do, that the Father may be glorified in the Son. In the name of Jesus Christ. *John 14: 11-14*

Thank You Lord that You have told us this is the sign of believers, that they lay hands on the sick and they shall recover. In the name of Jesus Christ. *Mark 16: 18*

Thank You Lord that the prayer offered in faith will restore the one who is sick. In the name of Jesus Christ. *James 5: 15*

Thank You Lord that they will bless the Lord with all their soul, and forget none of His benefits: He pardons all their iniquities, He heals all their diseases. In the name of Jesus Christ. *Psalms 103: 3*

Thank You Lord that You will bring them health and You will cure them, and reveal unto them an abundance of peace and truth. In the name of Jesus Christ. *Jeremiah 33: 6*

Thank You Lord that by Your holy stripes they are healed. In the name of Jesus Christ. *Isaiah 53: 5*

Thank You Lord that You will feel compassion for them and heal those who are sick. In the name of Jesus Christ. *Matthew 14: 14*

Thank You Lord that they will not be afraid any longer, they will believe and they shall be made well. In the name of Jesus Christ. *Luke 8: 50*

Thank You Lord that You will heal those who are sick and say to them, 'the Kingdom of God has come near to you.' In the name of Jesus Christ. *Luke 10: 9*

Thank You Lord that at this very time You will cure these people of diseases and afflictions and evil spirits and You will grant sight to these who are blind. In the name of Jesus Christ. *Luke 7: 21*

Thank You Lord that You are the God who performs miracles; thank You that You display Your power among the people. In the name of Jesus Christ. *Psalms 77: 14*

Lamb, Joy. The Sword of the Spirit: The Word of God: A Handbook for Praying God's Word

Prayer example: **For Times of Trouble**

Lord Jesus, we come to You in humble trust. Thank You, Holy Spirit, for teaching us to respond by Your Spirit when trouble comes. Thank You, Holy Spirit, for enabling us to ask. "How do You want me to feel about this Lord?" or "How do You want me to respond, Jesus?" Or, "Show me how to glorify You in this situation."

Jesus, thank You for giving us flexibility and resilience, an automatic reflex that turns to You when trouble comes. **Thank You for reminding us that Your grace is sufficient, even in the most painful situation. In the Name of Jesus I take authority over any evil spirit active in these circumstances—any spirit of fear or trauma. I bind its influence and command it to leave in Jesus' Name.** Thank You. Lord, for promising to be with us when we pass through deep waters. Thank You for the grace to repent of any reaction to trouble that did not honor You. Thank You for Your forgiveness. Thank You for giving us the grace to respond by Your Spirit even in the worst calamity. Thank You for inviting us to lift up our hands in Your presence and to worship You in the midst of our troubles. Holy Spirit, thank

You for enabling these troubles to become a doorway to a deeper experience of You. Thank You for inviting us to rejoice in You even when "...the fig tree does not bud and there are no grapes on the vines..." (Hab 3:17). **Thank You for reminding us that You are our strength, that You will fight for us. Holy Spirit, come. Thank You for releasing a healing anointing into this situation.** Come Holy Spirit, bring release. Fill everyone involved with Your love. Your peace and Your strength. We love You. Jesus. Amen.

Begin to praise Him: "Praise You, Jesus, You are our Victory..." Praise You, Jesus, You are the Cornerstone.

Schubert, Linda. Miracle Moments, powerful prayers of healing and hope

Prayer example: For Release from Harmful Habits / Addictions

Lord Jesus, we come to You in humble trust. Thank You for coming to set us free. You said. "Where the Spirit of the Lord is, there is freedom." Thank You for the power of your Holy Spirit that breaks the chains of alcohol, smoking, gambling, drugs, sex, food, shopping, unhealthy relationships, and all addictions. Thank You for healing any disease associated with the addiction. Holy Spirit, thank You for breaking the power of our harmful habits in Your perfect timing. **In the Name of Jesus we come against any evil influences, any spirit of addiction. We bind it and command it to be gone. Holy Spirit, thank You for filling those areas with Your healing presence. Thank You for meeting any deep emotional, spiritual and physical needs that provide the drawing power for addiction. Thank You, Holy Spirit, for healing any physical or psychological dependence on habit forming substances. Thank You for removing any side effects in withdrawal, by the power of the Holy Spirit. Thank You for filling all deep emotional needs with Your healing love. Thank You for the protection of total dependency on You. Jesus.** In our dependency on You we have everything we need for our lives. Thank You, Holy Spirit, for coming and being what we are not able to be. Thank You for doing what we cannot do. Thank You for enabling us to receive Your freedom, no longer having to live as puppets on a string.

Thank You, Lord Jesus, for being our self-control. **Thank You for the release. Thank You for the anointing of healing that You are pouring out into this area of vulnerability.** Thank You for Your powerful energizing presence that sets us free.

We love You, Jesus. Amen. Begin to praise Him: "Praise You, Jesus, You are our Deliverer..." Praise You, Jesus, You are our Fortress.

Schubert, Linda. Miracle Moments, powerful prayers of healing and hope

Prayer example: For Provision

Lord Jesus, we come to You in humble trust. **Thank You, Holy Spirit, for enabling us to entrust to Jesus all of our physical, financial, emotional, spiritual, and material needs. Thank You, Jesus, for teaching us about trust.** Thank You for showing us that when we trust in Your love, we can entrust to You all areas of our lives. You are our Provider in every area. You are Lord of all that we have and possess and all that we don't have and possess. Thank You for enabling us to entrust to You our need for gainful employment and life nourishment, our abundance and our lack. **Holy Spirit, thank You for enabling us to trust in a way that neither hoards nor throws away. Thank You, Lord, for reminding us that all belongs to You; we are stewards of what You provide.** Holy Spirit, thank You for teaching us what this means. Thank You for giving us what we need and touching our hearts to share with others when they have a need. Thank You for the flow of provisions in our lives. Thank You that we can receive in order to give, to honor You.

Forgive us for not cooperating when You have asked us to give. **In Your Name, Jesus, we come against any evil influences or personal selfishness that would obstruct our giving or receiving provision, and command it to leave.**

Let Your Spirit come. Thank You for teaching us how to be responsible with Your provision. Holy Spirit, thank You for pouring out Your anointing. Your energizing presence to release the provision we need and the provision others may need through us. Let Your anointing come, precious Holy Spirit.

We love You. Jesus. Amen. Begin to praise Him: "Praise You, Jesus, You are our Provider..." Praise You, Jesus. You are the Most High God.

Schubert, Linda. Miracle Moments, powerful prayers of healing and hope

Prayer to be set free: For use following prayer for a difficult person

Lord Jesus, thank you for sharing with us your ministry of healing and deliverance. Thank you for the healing you brought through our/my prayer today.

I realize that sickness and evil we encounter is more than our humanity can bear, so cleanse us of any sadness, negativity, or despair that we may have picked up.

If my ministering to another person tempted me to anger, impatience or lust, cleanse me of those temptations and replace them with love, joy and peace.

If any evil spirits have attached themselves to us/me or oppressed us/me in any way, I command you, spirits of earth, air, fire, water, the netherworld or the satanic forces of nature, to depart - now - and go straight to Jesus Christ for him to deal with you as he will.

Come Holy Spirit: renew us, fill us anew with your power, your life and your joy. Strengthen us where we have felt weak and clothe us with your light. Fill us with life. Lord Jesus, please send your holy angels to minister to us and our families - guard us and protect us from all sickness, harm and accidents.

We praise you now and forever, Father, Son, and Holy Spirit, and we ask these things in Jesus' Holy Name that he may be glorified. Amen.

FORGIVENESS

It is important to keep our spiritual slate clean at all times as we intercede for the needs of others. Harboring any unforgiveness or unconfessed sins will definitely hinder prayers. Unforgiveness can be detrimental to our physical and spiritual well-being. It can manifest itself as depression, anger, hatred, resentment and physical ailments, all of which rob us of peace, joy, health, and power. Forgiveness and repentance bring spiritual renewal, and a fresh anointing of the Holy Spirit. ***Unforgiveness is a doorway for satan to come in and take control of your life, and even the lives of family members. Never let your unforgiveness rob your children or their children of the 'abundant life'! Remember the sins of the fathers are passed down to the 3rd and 4th generations.*** (Numbers 14: 18.)

Forgiveness Prayer

Father, I lift to You all these people and situations, and I forgive them for hurting me, rejecting me, never being present for me. I forgive them for making me feel so unloved, so alone, so guilty, and causing me so much pain, and for demanding too much from me. I forgive them for making me feel shamed, resentful, jealous, and angry. (Keep naming all the things you are led to pray. God will lead you.)

I also ask, Father, that You forgive them for doing these things to me and I ask that You forgive me for holding a judgment against all of them. Father, I know You don't need forgiving, but I forgive You for allowing me to be in these situations where I received so much pain. I also forgive myself for separating myself from Your love and forgiveness in all my life situations. I ask now that You fill me with Your love for these people, and for myself, and for the Lord Jesus Christ, who I believe is Your Son, Who died for me, was resurrected for me, and lives today for me. Please fill me with Jesus' love, peace, power, joy, forgiveness, and new life in Him. Fill me with Your Holy Spirit. In the name of Jesus Christ.

Thank You Lord for setting my captive spirit free!

Scripture References

Healing

“Then they cried to the Lord in their trouble, and He saved them from their stress. He sent his word and healed them; He rescued them from the grave. Let them give thanks to the Lord for His unfailing love and His wonderful deeds for mankind.” (Psalm 107: 19-21)

“Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.” (James 5:16)

“Lord my God, I called to You for help, and You healed me” (Psalm 30:2)

“Heal me, Lord, and I will be healed; save me and I will be saved, for You are the one I praise.” (Jeremiah 17:14)

“He heals the brokenhearted and binds up their wounds” (Psalm 147:3)

Prayer

“First of all, then, I urge that entreaties and prayers, petitions and thanksgivings, be made on behalf of all men.” (1 Timothy 2:1)

When you ask you do not receive because you ask with wrong motives, that you may spend what you get on your pleasures.” (James 4:3)

“Therefore I want the men in every place to pray, lifting up holy hands, without wrath and dissension.” (1 Timothy 2:8)

“Pray without ceasing.” (1 Thessalonians 5:17)

“Devote yourselves to prayer, keeping alert in it with an attitude of thanksgiving.” (Colossians 4:2)

“Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” (Philippians 4:6)

“In the same way, the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit himself intercedes for us with groanings too deep for words.” (Romans 8:26)

“Now He was telling them a parable to show that at all times they ought to pray and not to lose heart.” (Luke 18:1)

“If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask of Him!” (Matthew 7:11)

“The Lord is far from the wicked, but He hears the prayers of the righteous.” (Proverbs 15:29)

“Be joyful in hope, patient in affliction, faithful in prayer.” (Romans 12:12)

“He has regarded the prayer of the destitute and has not despised their prayer.” (Psalm 102:17)

“I have called upon You, for You will answer me, O God; incline Your ear to me, hear my speech.” (Psalm 17:6)

“Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises.” (James 5:13)

“And My people who are called by My name humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven, will forgive their sin and will heal their land.” (2 Chronicles 7:14)